

Reason for the Appointment	Our Member Price	Self Pay Price Elsewhere	In Network Insurance Provider	Out of Network Provider
General Adult Annual Physical	\$0	\$150	\$120 - maybe covered under preventative	\$218
Well Child Appointment	\$0	\$85	\$89 - maybe covered under preventative	\$194
Sports Physical	\$0	\$32	\$26	\$98
Well Woman & Gynecological Appointment	\$0	\$200	\$120 - or copay	\$400
Lab Draw Only Appointment	\$0	\$33	\$7	\$19
Follow Up Appointment (within 14 calendar days from previous appointment)	\$0	\$130	\$45 - or copay	\$340
Follow Up Appointment (over 14 calendar days from previous appointment)	\$0	\$130	\$45 - or copay	\$340

<p><u>Minor Illness:</u> Allergies (Seasonal) Bronchitis Cold, Cough & Flu Diarrhea, Nausea & Vomiting Earache & Ear Infections Female Bladder & Urinary Tract Infections Fever Headaches & Migraines Joint Pain Laryngitis Lyme Disease (Early) Minor Back Pain Mono (Infectious Mononucleosis) Pink Eye & Styes Sinus Infections Sore Throat & Strep Throat Swimmer's Ear Upper Respiratory Infections</p>	\$0	\$130	\$180 - or copay	\$312
<p><u>Minor Injury:</u> Burns (Minor) Corneal & Eye Abrasions Foreign Body Removal from Eyes or Ears (Limited) Laceration Repair (Minor) Splinter Removal Sprains & Strains Staple & Suture Removal</p>	\$0	\$130	\$180 - or copay	\$312

<p><u>Skin Conditions:</u> Acne Athlete's Foot Chickenpox Eczema Head Lice & Scabies Hives Impetigo Oral, Mouth & Cold Sores Poison Ivy, Poison Oak & Poison Sumac Ringworm Shingles (Herpes Zoster) Skin Infections, Irritations & Rashes Sunburn Swimmer's Itch Tick/Insect Bites & Stings</p>	\$0	\$130	\$180 - or copay	\$312
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Labs (Sent out of the office)	Our Member Price	Self Pay Price Elsewhere	In Network Insurance Provider	Out of Network Provider
B12	\$4	\$32	\$26	\$98
Folate	\$4	\$31	\$24	\$88
Magnesium	\$3	\$14	\$11	\$66
Iron	\$4	\$14	\$9	\$34
Iron Binding	\$3	\$18	\$14	\$46
TSH	\$5	\$35	\$28	\$88
Vitamin D	\$14	\$62	\$48	\$232
CBC	\$5	\$16	\$12	\$40
Uric Acid	\$4	\$10	\$9	\$30
CMP	\$4	\$18	\$19	\$60
C-Reactive Protein	\$4	\$11	\$10	\$68
Ferritin	\$4	\$29	\$23	\$85
Free T3	\$4	\$36	\$28	\$189
Thyroxine T4	\$5	\$19	\$12	\$80
A1C	\$5	\$20	\$17	\$53
Lipid Panel	\$4	\$28	\$25	\$82
Annual Labs Total:	\$75	\$394	\$315	\$1,339
<i>The 4 Basics (TSH, CBC, CMP, and Lipid Panel): the 4 labs that insurance will usually cover once a year</i>	\$18	\$98	\$84	\$270

Point of Care Labs (Done in the office)	Our Member Price	Self Pay Price Elsewhere	In Network Insurance Provider	Out of Network Provider
In House Qual. Drug Screen	\$10	\$80	\$10	\$106
Dipstick Urinalysis (in house)	\$3	\$35	\$7	\$35
Flu Test	\$14	\$35	\$19	\$71
Rapid Strep Test	\$4	\$35	\$15	\$58
Blood Sugar Test	\$3	\$25	\$16	\$84
Mono Test	\$9	\$22	\$10	\$64
Cholesterol Screen	\$4	\$37	\$10	\$37
Pregnancy Test (urinalysis)	\$5	\$25	\$10	\$37
PPD Test for TB	\$20	\$35	\$10	\$19

Procedure Prices (on top of the appointment fee)	Our Member Price	Self Pay Price Elsewhere	In Network Insurance Provider	Out of Network Provider
Toe Nail Removal (1 or 2)	\$20	\$120	\$141	\$300
1 Skin Biopsy	\$35 (lab included)	\$90 (lab NOT included)	\$110 (lab NOT included)	\$243 (lab NOT included)
Skin Tag Removal	\$0	\$185	\$63	\$166
Minor Laceration Repair	\$25	\$130	\$167	\$407
Wound Care (Simple)	\$20	\$80	\$58	\$224
Joint Injections	\$15	\$57	\$108	\$627
IV Fluid Resuscitation	\$20	\$58	\$71	\$301
EKG Machine	\$0	\$38	\$21	\$102
Spirometry	\$0	\$85	\$31	\$276
Ear Wax Removal	\$0	\$125	\$45	\$307

Prescriptions & Supplements	Our Member Price	Self Pay Price Elsewhere	In Network Insurance Prescription	Out of Network Prescription
In House Prescriptions	Current Wholesale Price on medications that we carry at the office. We will also special order medications as needed at wholesale prices for our members.	Current Retail Price	Current Contracted Price	Current Retail Price
In House Supplements	Current Wholesale Price on supplements that we carry.	Current Retail Price	Not Covered - Current Retail Price	Not Covered - Current Retail Price
Sent Out Prescriptions	We send out prescriptions when a pharmacy has a better price than we can get it for. We also partner with a local private pharmacy for expensive brand name medications that they can get at a cheaper price. Either way, our goal is to save our patients money on their medical needs.	Current Retail Price	Current Contracted Price	Current Retail Price
Controlled Medication Prescriptions	We have to send controlled medication prescriptions to a pharmacy since we cannot have them on site. We work to find the best price on these medications for you.	Current Retail Price	Current Contracted Price	Current Retail Price

Referral Services	Our Member Price	Self Pay Price Elsewhere	In Network Insurance	Out of Network
Counseling	60min session - \$115 45min session - \$85 for our counseling department; most insurance plans accepted	\$120-150	Contracted Price typically for 45 minute sessions	Not Covered - Self Pay Prices
Physical Therapy	At a local partnering practice: Physical Therapy Evaluation - \$90 60min session - \$76.50 30min session - \$54.50 Biomechanics Assessment / Performance Training - \$54	Physical Therapy Evaluation- \$270 0min session - \$150 30 min session- \$75	Plan Dependent	Not Covered - Self Pay Prices
Dental	Discounted Prices at a local partner practice	Retail Prices	Plan Dependent	Not Covered - Self Pay Prices
Fitness	10% off monthly price at a local partner group fitness gym	\$140-200	Not Covered	Not Covered - Self Pay Prices